

# Lettering Requirements

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## **12 Points to Letter**

2 Points - Varsity Meet Participation

1 Point - Performance Improvement in a meet based on season PR (JV/Var)

5 Points - Top 15 at the NEKL Meet

- State Qualifier/Medalist = automatic letter winner

2 Points - No unexcused absences from practice/competition

## **Lettering as a Manager**

2 Point- Meet Participation

1 Point- for every FIVE CONSECUTIVE DAYS of Practice attended

1 Point- Meet Performance