



**3rd Annual
Lyle Alley Invitational
Cross Country Meet
Est. 2018**



Tuesday October 20, 2020

LOCATION: Jackson Heights MS/HS. The course is just south of the football stadium. **Parents and spectators are asked to please avoid the starting and finish lines. This area will be flagged off to maintain social distance precautions.**

PARKING: Please park busses in the parking area just north of the football stadium.

PARTICIPANTS: Doniphan West , Jeff County North, Holton, Horton, Nemaha Central, Onaga, Riverside, Troy, Valley Falls, Cornerstone, NEK Saints, Jackson Heights

STARTING TIMES: 3:45pm - MS Girls and Boys
(Times are Approx.) 4:10 pm – Varsity and JV Girls
4:40 pm – Varsity and JV Boys

ENTRIES: Register your runners using Athletic.net. The instructions for this meet are attached. Be sure to designate your varsity and junior varsity runners. If you have any questions email Coach Brad Alley: brad.alley@jhcobras.net
Please submit entries no later than Tuesday, October 13.

NUMBER BIBS: Number Bibs will be worn by ALL runners. The bottom of the Number Bibs will be torn off at the end of the chute. This will serve as a back-up.

CHUTE NUMBERS: Chute numbers will be written on the outside of your team packet.

AWARDS: There will be no medal ceremony. Individual and team medals will be packed and can be picked up by the coaches at the conclusion of the meet. Medals not picked up will be mailed to the school.

Middle School: 3 medals for each division: 7G, 7B, 8G, 8B

High School: 15 individual medals for varsity girls and boys
3 individual medals for JV girls and boys

Team: We will give 1st, 2nd, and 3rd place team medals.

ENTRY FEE: **High School:** \$10 per entry up to five entrants or \$50 per team. \$100 total for girls and boys team.

Middle School: \$10 per entry. \$50 total for girls and boys team.

RESTROOMS: Locker rooms and showers will NOT be available. Restrooms are located on the west side of the school - across from the pressbox.

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