# **KSHSAA 1A Regional Cross County Meet**

Hosted by Riley County High School

Masks are required at all KSHSAA postseason events – inside or outside.

### **MEET INFORMATION**

**Game Committee:** Riley County, Pike Valley, Beloit-St. John's

**DATE:** October 24th, 2020

**TIMES:** 11:30 Coaches meeting in front of the starting line (Socially Distanced)

12:00 1A Girls 12:35 1A Boys

**Teams:** Axtell, Beloit-St. John's, Burlingame, Centralia, Central Plains, Clifton-Clyde, Downs-Lakeside\*, Frankfort, Glasco, Hanover, Highland-Doniphan West, Jackson Heights, Junction City-St. Xavier\*, Kensington-Thunder Ridge, Lincoln, Linn, Mankato-Rock Hills\*, Miltonvale\*, Natoma, Onaga, Osborne, Scandia-Pike Valley, Solomon, Sylvan-Lucas Unified, Tescott, Topeka-Cair Paravel, Troy, Wetmore, Wilson

LOCATION: Leonardville Golf Course; Leonardville, Kansas ½ mile north of US 24 Highway on Erpelding Ave.

**THE COURSE:** The regional meet will be held on the gently rolling Leonardville Golf Course. It is a great spectator course as those coming to watch the races can see 80% of the course from one location. Spectators and coaches are allowed anywhere on the course, but we request that people stay off the sand greens. Portable toilets will be available.

**Spectator Limit:** We are asking (on the honor system) that only 4 spectators per participant attend the regional meet.

**BUS PARKING:** Bus and other school transportation parking will be along the course on the west side of the road. Other vehicles should park at the Leonardville Baseball field located on the south west corner of the course.

**PACKETS:** Upon arrival, coaches may pick up packets at the **clubhouse**. Athletes will wear a number with a chipped bib attached with safety pins. Additional meet information and course maps will be included in your race day packet.

No Concession Stand. The Store (convenience store) is located on Highway 24 in Leonardville.

### **EMS/Water/Cold Water Immersion**

- EMS will be located by finish line.
- Each team is responsible for providing their own water. In the event of an emergency Riley County will have water available.
- Water will be permissible for coaches or designees to hand out to runners during the race. Runners are to be instructed to move to the side of the course to get water so as not to interfere with other runners.
- Cold water immersion will be located at the finish line

PROPER UNIFORMS: (Legal uniform cards will be turned into the clubhouse when packets are picked up)

Per Rule 3-4-8, prior to the start of the meet, the head coach shall be responsible for verifying to the meet director that all his/her competitors are properly equipped (uniform, equipment, number and chip placement) in compliance with these rules. Any questions regarding legality shall be resolved prior to the start of the meet.

**Timing:** The meet will be timed by Manhattan Running Company using a fully automatic timing system with cameras and chipped bibs.

**SCORING:** The meet will be scored using the Hy-tek computer program. Reference numbers will be assigned and worn by each athlete. Reference numbers need to be worn on the front of the athlete. NO INTERCHANGING OF NUMBERS OR NAME CARDS CAN OCCUR.

**RESULTS:** Results will be e-mailed to coaches and athletic directors immediately after the race. We hope to have a hard copy for each head coach before they leave the park.

There will not be award ceremonies. Managers will put medals in packets and give to the coaches at the clubhouse. Coaches will pick up plaques if the team places 1<sup>st</sup> or 2<sup>nd</sup>.

## **1A State Qualifiers:**

Only the top four (4) runners are to be scored. Teams may run up to 7 runners. The 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> place runners will be used as potential tiebreakers. Class 1A will qualify four teams and the top four individuals from non-qualifying teams.

Coaches of qualifying teams the runners you have entered into the regional meet will be the ones entered in the state meet unless you submit a substitution form (CC-3 girls; CC-4 boys) to Francine Martin at the KSHSAA by Noon on Monday, October 26.

**T-shirts:** Will be sold through a pre-order process. Orders will be processed on a first come first serve basis. No shirts will be sold on site. Order form link attached.

#### **COVID19 Considerations**

- · Schools will be able to list 10 runners on the regional entry form. Only 7 runners will be permitted at the regional site. This is to help mitigate the virus spread by limiting the number of people from different communities.
- · One manager per team permitted.
- · Two coaches per team permitted.
- · School administration permitted.
- · Face coverings must be worn when not socially distanced.
- · The starting line and boxes are closed until 10 minutes before the race. Runners can't do run-outs until that time.
- · Disposable face coverings are recommended for runners.
- The starter will permit runners to remove face coverings one minute prior to the start of the race
- · After the race is completed, runners should have time to recover and then wear face coverings.
- Team members only should be permitted in the team tent/camp area.
- · As soon as possible teams and runners should board busses and leave the facility.

**QUESTIONS:** Any questions can be directed to Erik Willimon @ ewillimon@usd378.org.